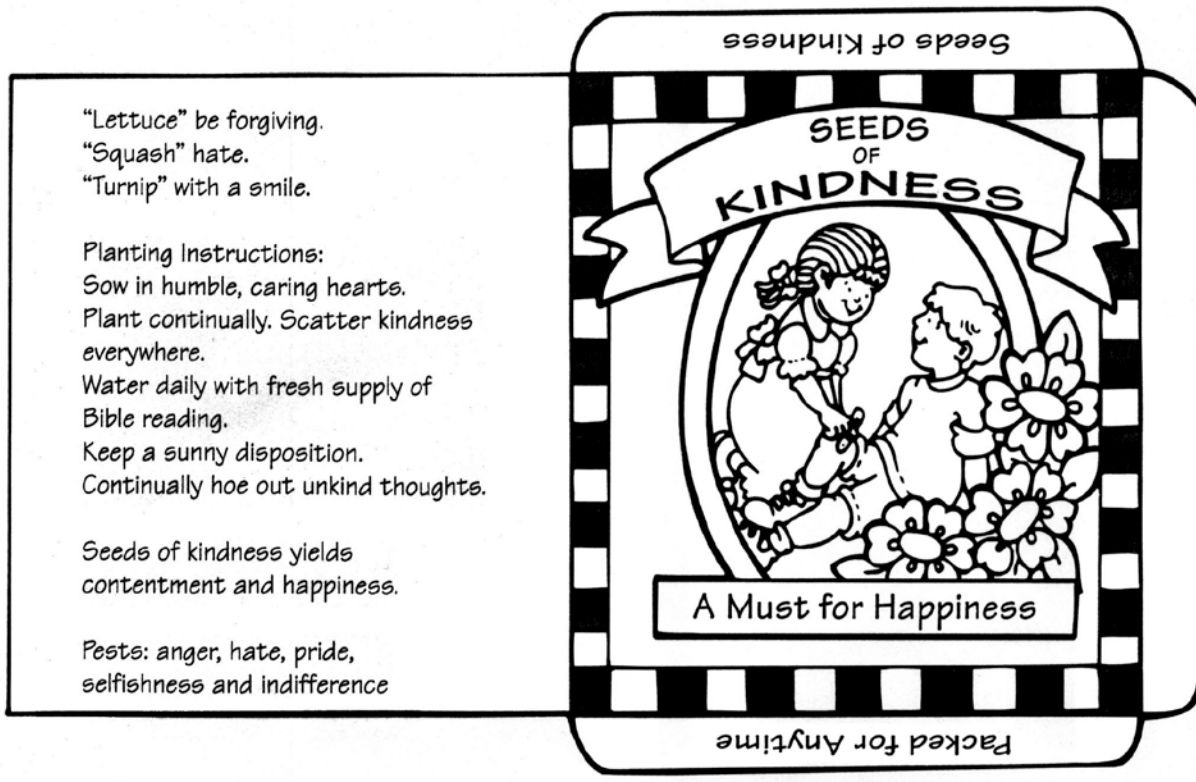


# Seeds of Kindness Seed Packet

HELP OTHERS	TELL THE TRUTH
LET OTHERS GO FIRST	BE KIND TO BROTHERS AND SISTERS
DO NOT BEG FOR THINGS	WORK HARD; DO NOT WASTE TIME
DO NOT BE GREEDY FOR MONEY	LISTEN WITH INTEREST TO OTHERS' PROBLEMS
FORGIVE OTHERS WHEN THEY ARE WRONG	PRAY FOR OTHERS
SAY "EXCUSE ME" WHEN NEEDED	DON'T BRAG OR SHOW OFF
LISTEN CAREFULLY TO OTHERS	ALWAYS BE THANKFUL

1. Color the seed packet.
2. Cut out the packet and the kindness strips.
3. Fold the strips in half.
4. Glue the tabs on the packet to form a pocket. (Leave the top one open.)
5. Put the folded strips in the packet to give to a friend.



"Lettuce" be forgiving.  
 "Squash" hate.  
 "Turnip" with a smile.

Planting Instructions:  
 Sow in humble, caring hearts.  
 Plant continually. Scatter kindness everywhere.  
 Water daily with fresh supply of Bible reading.  
 Keep a sunny disposition.  
 Continually hoe out unkind thoughts.

Seeds of kindness yields contentment and happiness.

Pests: anger, hate, pride, selfishness and indifference